



COACH SPEAK

FEB 2021

MISSION:

BIXBY SPARTAN FOOTBALL WILL BE
RESPECTED AS THE BEST PROGRAM IN
OKLAHOMA AT DEVELOPING STUDENT
ATHLETES

Dear Spartans,

What an exciting time of year! Winter sports are winding down, and our players are really making progress in our year-round strength and conditioning program. Our boys' basketball team has wrapped up their season and made some great progress, and our wrestling team took 3rd at individual state. The wrestling team qualified 10 wrestlers for state this season, eight of whom are also football players!

We have just begun our second phase of off-season strength and conditioning programming, emphasizing hypertrophy (mass building). Our athletes' body compositions are beginning to change during these early phases of training so that we have a great base to progress into the next phases of strength building protocol.

We want to congratulate this year's seniors on amassing a 36-1 record during their high school football careers. Several of these athletes will continue their football careers at the next level, as they move on to compete in college football.

We have kicked off our Crucible (Leadership Council) for our 2021 team. We have included 20 players from our program (entering 8-12th Grades) who will positively emphasize the core values of Bixby Spartan Football amongst their teammates. Each day during off-season,

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NATIONAL SIGNING★DAY



Nick Wedel
Linebacker
East Central University



Macqeilen Ware
Defensive Line
Washburn University



Isaac Gibson
Tight End
Ottawa University

(February Update continued from pg. 1) we focus on the core value of the day and also have a 5-minute football lesson. We have also continued utilizing the [Coaching Boys Into Men](#) curriculum each Wednesday to help teach our athletes healthy relationship skills. The repetitive message of these lessons along with our core values will have a great impact on our student athletes over their career at Bixby High School. We seek to be the best at developing student athletes -- on and off the football field.

With the craziness of the 2020 football season, many post season awards have just recently been published. Many of our players have garnered high accolades in many local and even national publications. Some of these honors include national post-season rankings. MaxPreps ranked your Spartans as the #25 team in the U.S., and the #1 team in Oklahoma. Furthermore, we finished #21 in the USA Today Poll. This is the first time we have finished the season nationally ranked. Although these are tremendous honors, we realize that we are truly measured by how we develop our student athletes on a daily basis.

We would also like to encourage everyone to get involved in our Quarterback Club. Our Quarterback Club provides the best playing experience for student athletes in Oklahoma. From sending our players to 7-on-7 tournaments, to feeding them, to providing them with the very best gear and resources, each member of the Quarterback Club truly makes a difference in our players' experience. Our Quarterback Club also gives a minimum \$500 scholarship to each senior leaving who has been a member of our program. If you are interested in being involved, please contact Tim Williams at tcwilliams228@cox.net. There are a wide range of volunteer opportunities within the club.

Finally, we would like to thank everyone for believing in our program. We currently have the largest roster we have ever had in Bixby. This is exciting not only because we need each one of these student athletes in order to be successful, but also because we believe that our program instills our core values of Discipline, Integrity, Selflessness, and Consistency in each of our athletes. It's truly a great day to be a Spartan!

Sincerely,
Coach Montgomery

SAVE THE DATE



10th Annual QBC Golf Tournament

Monday May 17th, 2021

Indian Springs Country Club

9AM Shotgun Start

Post- Season Awards

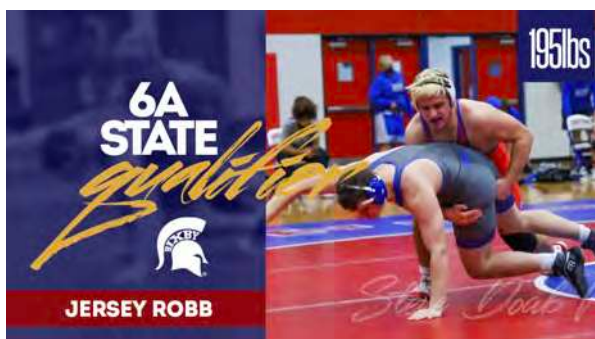
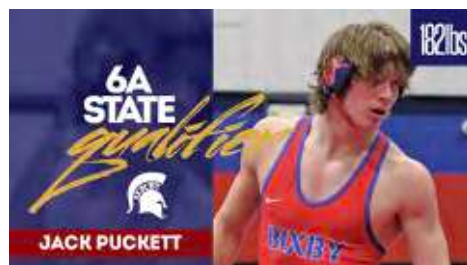
	Tulsa World All-State Mason Williams- 1 st Team QB Braylin Presley- 1 st Team RB Caleb Townsend- 2 nd Team OL
	Daily Oklahoma All-State Braylin Presley- Offensive MVP
	OFBCA All-State Mason Williams- QB Tanner Doyle- DB Nick Wedel- 6A All-Star LB
	Max Preps Braylin Presley- All-American

2021 CALENDAR

The 2021 calendar is up on our website. You can go [HERE](#) to access important 2021 dates and off weeks. Events may change from time to time, and we are adding new material weekly, so refer to it periodically.

BIXBY SPARTAN ALL-STATE FOOTBALL

YEAR	PLAYER	COACH	YEAR	PLAYER	COACH
1958	Mark Gibson	Red Rogers	1996	Jeff Taylor	Rick Rogers
1959	John Porterfield	McKenzie	2002	Shane Davison	McGrew
1960	Jerry Lawhorn	Snider	2005	Ben Tucker	McGrew
1965	Danny Willis	Snider	2006	Marshall Fraley	McGrew
1965	John Giles	James	2007	Chase Boles	McGrew
1967	Roger Dicus	James	2007	Chris Harris	McGrew
1970	Robert Cox	Davis	2008	Beau Bentley	McGrew
1970	Butch Davis	Davis	2008	Jake Morgan	McGrew
1977	Ed Johnson	Graham	2009	DeWitt Jennings	McGrew
1978	Marshall Goff	Graham	2012	DeAndre Jennings	Montgomery
1978	Kevin Stringfellow	Graham	2013	Chandler Miller	Montgomery
1980	Tim Gibbs	Snider	2013	Matthew Dreyer	Montgomery
1983	Victor Moore	Snider	2014	Austin Grotts	Montgomery
1983	Todd Krehbiel	Snider	2014	Kyle Rhine	Montgomery
1984	Brad Best	Snider	2015	Cade Cabbiness	Montgomery
1986	Roger Gibbs	Koester	2016	Tanner Griffin	Montgomery
1986	Gill Johnson	Koester	2016	Brendon Evers	Montgomery
1988	Keith Roller	Koester	2017	Bryce Bray	Montgomery
1988	Jason Stubbs	Koester	2017	Coby Tillman	Montgomery
1989	Tim Sefcik	Koester	2018	Cade Cavender	Montgomery
1992	Jimmy Roller	Rick Rogers	2018	Ethan Hall	Montgomery
1993	Tancy Evans	Rick Rogers	2019	Brody Sartin	Montgomery
1993	Jeremiah Johnston	Rick Rogers	2019	Brennan Presley	Montgomery
1994	Mitch Minik	Rick Rogers	2020	Tanner Doyle	Montgomery
1995	Jeremy Meadors	Rick Rogers	2020	Mason Williams	Montgomery
1995	Jared Williams	Rick Rogers			





In an effort to increase our football team's football IQ, and improve common language among our players, we have begun "Five Minute Football" each day during Sixth hour (before our workout). Below is an example of a lesson that Coach Maas shared at the beginning of the semester.

Below is a sample of the daily Five Minute Football unit "Kick Rules" that we covered one day during 6th hour football. We spend time discussing a rule, give examples, and then show film of each example we have covered. Many of our fans remember the [Thanksgiving Day](#) special teams debacle committed by the Dallas Cowboys years ago!

Our staff has identified many terms that we feel are important for all of our players to know and understand. We hope to continue building on these ideas and lessons using voice over software and film that we can use all the way down to our BYFA youth coaches. This will only allow better alignment throughout our program!

Punt Return "Live Ball"

- Any ball punted beyond the line of scrimmage should be treated as a live ball and we should "fan" to the sidelines
- "Peter"
- Any punt blocked behind LOS should be "scooped and scored"
- The ball is always live until the official blows his whistle to end the play
- Every attempt should be made to keep the team from "scooping and scoring"
- When we "down" the ball we pick the ball up and hand it to the official